

Warm-Up Routine

Preparing your body before playing:


What is the purpose?
(What to look for • listen for?)

- 3 min.
- Without the oboe:
 - Stretches/Hand Stretches
 - Breathing—finger breathing exercise

- 3 min.
- Hand Position:
 - Finger wiggles
 - Finger a scale (s)

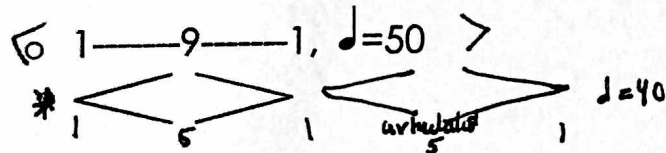
- 3 min.
- Embouchure—On the reed alone!
 - Push-ups
 - Articulation -legato *(separate to check pitch - C⁴? w/ reed tests)*
 - Long tone to feel air/support/embouchure relationship.

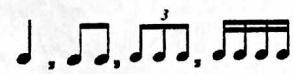
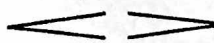
On the oboe:

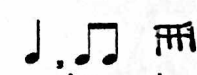
- 3 min.
- Slow chromatic scale—Low E → High E, slurred
 -  *(to get air moving, feel relationship of fingers, air and embouchure)*

listen for evenness of tone, vibrato, control, legato pitch

- 4 min.
- Long Tones
 - 2 notes in every register (with drone)



- 5 min.
- Slow scale in key of the week
 - $\text{♩} = 60$, 
 - slurred, 
 - increase weekly by 5 clicks (or 65, 70...) - each week

- 5 min.
- Major Scales Review
 - $\text{♩} = 60$,  *(after 3 wks start w/ 13 FFF only and increase the tempo by 5 clicks)*
 - 3-6 scales a day, slurred
 - alternate harmonic minor every other week

evenness, intonation travel/sweep with metronome